



THE LAVALLETTE YACHT CLUB

SAILING INSTRUCTIONS FOR TUNE UP RACE AND CHAMPIONSHIP SERIES 2022

The notation '[NP]' in a rule of these sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. Rules:

- 1.1. All races shall be sailed under the current Racing Rules of Sailing (RRS), applicable Notice of Race, (NOR), the current Lavallette Yacht Club (LYC) Sailboat Racing Rules & Regulations, and these Sailing Instructions (SIs).
- 1.2. Racing rule A4 will be changed as follows: A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start (DNS). Racing rules 35, A4, and A5 will be changed as follows: The time for the conclusion of morning races is 1230 hrs. Boats still racing after 1230 hrs. (and that do not subsequently retire, get disqualified, or get redress) will be scored TLE. Racing rules 35, A4, and A5 will be changed as follows: The time for the conclusion of afternoon races is 1630 hrs. Boats still racing after 1630 hrs. (and that do not subsequently retire, get disqualified, or get redress) will be scored TLE. Racing rules 35, A4, and A5 will also be changed as follows: Boats still racing (and that do not subsequently retire, get disqualified, or get redress) **30** minutes after the first boat sails the course and finishes, will be scored TLE (Time Limit Expired). RRS A4, A5, and A10 will be changed as follows: Boats scored TLE will be scored points equal to the number of boats finishing within the time limit plus two points by the race committee without a hearing. Boats scored DNC will be scored points equal to the number of boats that came to the starting area plus one point. **Notices to Competitors:** Notices to competitors will be posted on the official notice board located at LYC no later than 0900 hours for morning races and/or 1300 hours for afternoon races on each race date.

3. Changes to Sailing Instructions:

- 3.1. Shall be available no later than 0900 hours for morning races and 1300 hours for afternoon races on each race date.

4. Communications with Competitors:

- 4.1. A yacht shall neither make radio transmissions nor receive radio communications not available to all boats while racing. This restriction also applies to mobile telephones and texting. Transmission from these devices is only allowed for emergencies.
- 4.2. Oral instructions or advice by a Race Committee or official patrol boat personnel may be given on the water to clarify visual signals, or to promote safety.
- 4.3. If a registered yacht does not start or fails to finish, the skipper or his representative shall report as soon as possible to a patrol boat, the Race Committee, or the person in charge of radio communications at the clubhouse. Failure to report promptly may result in disqualification from one or more subsequent races. This changes RRS 4 and RRS 5.

5. Signals Made Ashore: Signals made ashore will be displayed from the flag pole on the LYC patio.

6. **Schedule of Races:** For all classes except as noted:

6.1. Tune up race (not scored) - June 19, 2022

6.2. Season Championship Series: will be held on the following dates:

Week 1	June 26, 2022
Week 2	July 3, 2022
Week 3	July 10, 2022
Week 4	July 17, 2022
Week 5	July 24, 2022
No races scheduled	July 31, 2022
Week 6	August 7, 2022
Week 7	August 14, 2022
Week 8	August 21, 2022
Week 9	August 28, 2022
Week 10	September 4, 2022

6.3. TUNE UP RACE first warning will be at 1000 hours for all Fleets.

6.4. M-Scows will have two races scheduled per race day.

6.5. All other classes sailing on the regular course will have one race per race day.

6.6. Optimist Pram Gold and Silver Fleets will have at least one race per day.

6.7. The first warning signal for M-Scows, MC-Scows, Lasers, Laser Radials, Laser 4.7, Sunfish, and Club 420 (one race per day, except M-Scows) will be at 1000 hours. The warning signal for the second M-Scow race will be made as soon as practicable after a day's prior race is completed.

6.8. The first warning signal for the Flying Scots, 18 ft., Marshall Sanderlings 15 ft. Marshal Sandpipers, and will be at 1400 hours.

7. **Class Flags:**

	Signal
Morning Races	1st Warning
M Sloop (M Scow)	T
MC Sloop (MC-Scow)	G
Laser (all)	R
Sunfish	W
Club 420	K
Optimist Pram (Gold Fleet)	D (common start)
Optimist Pram (Silver Fleet)	D (common start)
Afternoon Races	1st Warning
Flying Scot	Flying Scot Class Flag
Sanderling	J
Sandpiper	O

8. **Racing Area:** Barnegat Bay in the vicinity of Lavallette, NJ.

9. **Courses:** The courses to be sailed will be Windward/Leeward/Triangular portable mark courses or a fixed mark course as described on the Course Sheet document including the order in which the marks are to be passed, and the side on which each mark is to be left.

- 9.1. The course designator W or T and the number of portable marks to be rounded and/or past shall be displayed on a placard on the Signal Boat no later than preparatory signal for each fleet.
 - 9.1.1. Course W is a Windward/Leeward course
 - 9.1.2. Course T is a triangle
 - 9.1.3. If the “C” flag is displayed on the stern of the Start Board during the start sequence, the Windward mark shall be the Change Mark as provided in SI 10.2.2.
- 9.2 All portable marks are to be rounded and/or past to port, except as indicated in SI 9.3 and 9.4.
- 9.3 An offset may be employed at the Weather mark. When present, boats shall round the offset mark to port while approaching and after rounding the Weather mark. The offset may be employed at the Weather mark when sailing course #94 or #95.
- 9.4 When the letter “G” is signaled on the course placard, a gate will be set as the leeward mark on any Windward/Leeward course, course #94 or #95. When a Leeward gate is set, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If one of the gate marks is missing, the remaining mark in position shall be rounded or past to port.
- 9.5 The Optimist Pram Gold and Silver Fleet courses will be Triangular portable mark course.
- 10. Marks:**
 - 10.1 Permanent marks will be drums painted orange and white with identifying letters in black.
 - 10.2 For Portable Mark courses:
 - 10.2.1 The turning marks of the course will be yellow.
 - 10.2.2 The Windward turning mark after the first course change will be orange. Subsequent course changes at the Windward turning mark will alternate between yellow and orange.
 - 10.2.3 A short leeward mark may be used on Portable Mark courses and it will be the turning mark with a black band.
 - 10.2.4 The Starting mark will be an orange mark on the port side of the signal boat.
 - 10.2.5 The Finishing mark for portable mark courses #94 & #95 will be an orange mark on the starboard side of the signal boat.
 - 10.2.6 Except for portable mark courses # 94 & #95 and for the Optimist Green Fleet Class, the finishing mark will be the nearest “no wake” mark to the south of the southern most dock of the LYC marina.
- 11. The Start:**
 - 11.1. Races will be started using RRS 26 with the warning signal made five minutes before the starting signal.
 - 11.2. Racing rule A4 will be changed as follows: A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start (DNS).
 - 11.3. The starting line is between a staff displaying an orange flag at the starboard end of the course and the port-end mark.
 - 11.4. For the Optimist Gold and Silver Fleets, the starting line is between the Race Committee and the start/finish mark.
- 12. Change of the next leg of the course:** To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13. The Finish:**
 - 13.1. For all portable mark courses with the exception of courses #94, #95, and for the Optimist Green Fleet Class, after all portable marks are rounded and/or past to port, followed by permanent mark “U” (drum painted orange and white) rounded to port, the finish line is between the bench on the southern most dock of the LYC marina dedicated to William Zylinsky and the finishing mark.
 - 13.2. For the Optimist Gold and Silver Fleets, the finish line is between the Race Committee and the start/finish mark.
 - 13.3. For all fixed mark courses the finish line is between the bench on the southern most dock of the LYC marina dedicated to William Zylinsky and the finishing mark.
- 14. Penalty System:**
 - 14.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
 - 14.2. Scoring Penalty, RRS 44.3, applies.

15. Time Limits:

- 15.1. Racing rules 35, A4, and A5 will also be changed as follows: Boats still racing (and that do not subsequently retire, get disqualified, or get redress) 30 minutes after the first boat sails the course and finishes, will be scored TLE (Time Limit Expired).
- 15.2. Postponement signaled before 1200 does not apply to afternoon races. This changes RRS Race Signals.

16. Hearing Requests: Protests shall be delivered to the Race Committee within 30 minutes after the Race Committee boat docks or the last boat in her class or division finishes, whichever is later. Protests, Requests for Redress and Requests for Reopening a Hearing shall be in writing using the US Sailing Protest Form. These forms are available at the LYC Registration Desk. Protests will be heard as soon as possible after the submission of the protest form.

17. Scoring:

- 17.1. For the annual season championship series of the LYC The Low Point scoring system of RRS Appendix A as modified below will apply.
- 17.2. When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
- 17.3. When from 4 to 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.4. When from 7 to 8 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 17.5. When from 9 to 12 races have been completed, a boat's series score will be the total of her race scores excluding her three worst scores.
- 17.6. When from 13 to 15 races have been completed, a boat's series score will be the total of her race scores excluding her four worst scores.
- 17.7. When more than 15 races have been completed, a boat's series score will be the total of her race scores excluding her five worst scores.
- 17.8. RRS A4, A5, and A10 will be changed as follows: Boats scored TLE will be scored points equal to the number of boats finishing within the time limit plus two points by the race committee without a hearing. Boats scored DNC will be scored points equal to the number of boats that came to the starting area plus one point.

18. Safety Regulations:

- 18.1. All boats must carry safety equipment as specified by their class, as may be required by the USCG and as set forth in Appendix 1. Deviations for any class may be granted by the Regatta Committee. The Penalty for violating this rule shall be DSQ, DNE, or DGM.
- 18.2. If the skipper of a yacht is less than 18 years of age that skipper and any crewmembers or passengers aboard must wear an approved PFD (life jacket) at all times while that vessel is afloat. This changes RRS 40.
- 18.3. Skippers of all single-handed yachts must wear an approved PFD (life jacket) at all times while that vessel is afloat. This changes RRS 40.
- 18.4. Attention is directed to; "**The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.**"
- 18.5. On each race day for their class, registered yachts sailing in the annual season championship series of LYC must check in both at the club house prior to leaving the dock or beach for the racing area and again at the Race Committee signal boat upon reaching the racing area.

19. '[NP]' Equipment and Measurement Checks:

- 19.1. A boat or equipment may be inspected by the race committee at any time for compliance with the rules and the sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection. When Flag L and a class signal are displayed at the finish line boats shall proceed immediately to the boat flying the same signal in the vicinity of the finish line for a mandatory safety inspection. Boats must remain in the area until dismissed by the inspection team. While awaiting inspection, contact with other boats is prohibited. A boat that fails to comply with the rules or this instruction shall be DSQ, DNE, or DGM.

20. '[NP]' Trash disposal

- 20.1. RRS 47 applies
- 20.2. Trash may be placed aboard official vessels.

21. Prizes (Awards):

- 21.1. Daily awards will be made each race day following any protests or requests for redress hearings.
- 21.2. Seasonal Championship Awards will be made at the end of the season series, at the LYC Awards Evening Program. First place trophies will be awarded to the winning boat in each fleet. Second place trophies will be awarded when there are at least four competitors in a fleet. Third place trophies will be awarded when there are five or more competitors in a fleet. Crew awards will be made to crew members who sailed in five or more races.
- 21.3. The series Rooster will be awarded to the highest qualifying finisher of the last race of the season.
- 21.4. Upon completion of the required number of races, series registrants will be designated as “qualifiers”. ONLY series registrants are eligible to participate in awards reserved for “qualifiers”.
- 21.5. In order to qualify for series awards, a boat must come to the starting line in at least 50% of the scheduled races that are completed for her class or division.

22. Risk Statement:

- 22.1. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor’s participation in this event to the fullest extent permitted by law.
- 22.2. **IN CONSIDERATION OF LYC’S ACCEPTANCE OF THE SKIPPER’S ENTRY AND PARTICIPATION IN THE SERIES, EACH OF US, THE SKIPPER AND THE PARENT, IF THE SKIPPER IS UNDER 18, HEREBY WAIVES, FOR AND ON BEHALF OF EACH OF US, ANY AND ALL CLAIMS, CHARGES, LOSSES AND LIABILITIES, INCLUDING THOSE CAUSED BY NEGLIGENCE, AGAINST THE LAVALLETTE YACHT CLUB AND ITS AGENTS, OFFICERS, TRUSTEES, CONTRACTORS, EMPLOYEES, MEMBERS, VOLUNTEERS AND AFFILIATES, THAT MAY ARISE FROM OR IN ANY WAY BE CONNECTED WITH THE ACTIVITIES OF THE SERIES, EXCEPT AS A RESULT OF ITS, HIS, HER OR THEIR WILLFUL MISCONDUCT OR GROSS NEGLIGENCE.**

**APPENDIX 1
SAFETY EQUIPMENT REQUIREMENT CHECK LIST**

	Paddle	Pump or Bailer¹	Anchor	Anchor/ <u>Tow Line</u>²	Life Vest³	Throwable³
Club 420	No	Yes	No	Yes	Yes	No
Flying Scot	Yes	Yes	Yes	Yes	Yes	Yes
Laser (all)	No	No	No	Yes	Yes	No
M-Scow	Yes	Yes	Yes	Yes	Yes	No
MC-Scow	Yes	Yes	Yes	Yes	Yes	No
Optimist Pram	Yes	Yes ⁴	No	Yes	Yes	No
Sanderling ⁵	No	Yes	Yes	Yes	Yes	Yes
Sandpiper	Yes	Yes	Yes	Yes	Yes	No
Sneakbox	Yes	Yes	Yes	Yes	Yes	No
Sunfish	No	No	No	Yes	Yes	No

Notes:

1. Manual bailer Min 4 quart.
2. All boats must carry a towline solely dedicated to towing and/or anchoring and be readily available for use at all times. Line must be at least 24' long and of sufficient strength to tow a swamped boat.
3. All boats must carry a whistle attached to throwable or life vest.
4. Optimist Prams must carry a minimum of one (1) bailer with a minimum capacity of 1 liter that is securely attached to the hull by a lanyard or elastic cord.
5. Sanderlings must also carry a ladder and an outboard motor on board of at least 4 horsepower with a minimum of at least one hour of fuel.