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Lavallette Yacht Club

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Junior Sailing Guidebook  
2022

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## Mission Statement

The mission of the Lavallette Yacht Club Junior Sailing Program is to develop knowledgeable youth sailors and to instill in them a love for the sport of sailing that will serve as a foundation for the future of our club.

## Goals

The primary goals of the Lavallette Yacht Club Junior Sailing Program are:

1. To develop sportsmanship, integrity, and interpersonal skills
2. To instill in the students an admiration and love of sailing
3. To develop a respect for the sea and the elements
4. To learn to incorporate safe sailing practices and seamanship
5. To instill responsibility in caring for boats and equipment
6. To create a fun atmosphere in which children want to participate
7. To provide the environment and education for those who want to compete and those who do not.

To accomplish these goals, we need the help and active cooperation of the committee, instructors, parents, sailors, and other Club members. Many people spend countless hours every year working to make our Junior Sailing Program a success and the more volunteers there are the more enjoyable the work is.

## Junior Sailing Classes Sailed and Instruction Levels

### Pre-Sailing

This program is for 6-7 year-olds interested in getting an introduction to sailing and a respect for the water in a relaxed and enjoyable environment. The instructors will be nearby to provide instruction to the sailors using Club Opti boats. Sailors will be two to an Opti and will learn the basic principles to sailing.

### Optimist Pram (Opti)

The Optimist is a small, single-handed sailing dinghy intended for use by children. While younger lighter sailors begin in Optimists, competitive sailors usually weigh between 65 lbs. and 130 lbs. Optimists can be sailed comfortably by people from age 8 to 15. The Optimist is the biggest youth racing class in the world.

Optimist Prams will be identified by the following class symbol on their sail:



### **Opti Green**

This class is developed for first time sailors who have completed the second grade. This class will introduce first time sailors to the joy of sailing in a fun and safe environment. Sailors will focus on knowledge of the boat, rigging, basic sailing, water safety and gain confidence in handling all points of sailing. ***It is recommended that sailors in this program not be entered into a regatta until instructors have notified the sailors and their parents. (This usually occurs in the middle to the end of the 1<sup>st</sup> year in the program).***

### **Opti 1**

The majority of the sailors in these groups are between the ages of 8-10 and have sailed between 1-3 years in their own boat. These groups will be instructed by two instructors working on both recreational techniques as well as racing strategies. These sailors will be together on program days and split into two groups for Wednesday Series scoring, determined by the instructors on the sailors level of experience.

### **Opti 2 & 3 (Combined)**

This class is designed for sailors who have successfully completed and mastered objectives taught in the developmental Opti programs. This grouping will promote more advanced sailing skills with a focus on individual and team racing skills. The majority of the sailors in these groups are between the ages of 11-15 and have sailed 4+ years in their own boat. These groups will be instructed by two instructors working on both recreational techniques as well as racing strategies. These sailors will be together on program days and split into two groups for Wednesday Series scoring, determined by the instructors on the sailors level of experience.

### **Laser**

The Laser is one of the most popular single-handed dinghies in the world. As of 2012, there are more than 200,000 boats worldwide. The Laser Standard, Laser Radial and Laser 4.7 are three types of "Laser" administered by the International Laser Class Association. The laser is a 14-foot, single-handed class that is sailed in the Olympics. It is for more experienced sailors who are interested in continuing to develop their single-handed skills. The class will focus on developing boat handling and racing skills.

Lasers will be identified by the following class symbol on their sails:



### Sunfish

Having a lateen sail with its simple two-line rigging makes a Sunfish simple to learn sailing on and to set up. Upgrades can be added to enhance sail control for competitive sailing, making the boat attractive to both novice and experienced sailors alike. It demonstrates the boat's above average versatility to suit a broader range of sailing applications.

Sunfish sailboats will be identified by the following class symbol on their sails:



### Club 420

The Club 420 (C420) is a double-handed sloop that is almost 14 feet long requiring both skipper and crew. The need for skipper-crew teamwork will be emphasized. This class reinforces the techniques of fleet and team racing and the skills of working with Spinnaker. Skipper and crew will continue to develop coordination and mutual reliance.

C420 sailboats will be identified by the following class symbol on their sails:



### Safety

#### Swim Test

A swim test will be administered on the first day of program, **regardless of age and past participation in the sailing program.**

**Sailors who do not pass the swim test will not be allowed to participate in the sailing program.**

No exceptions to this policy can be made.

## Lifejackets

Personal floatation devices (PFD's) must be worn at all times when near, on or in the water. **These must be US Coast Guard approved and must be properly rated to the individual sailor.** The lifejacket should be properly identified with the owner's name and should be inspected regularly to ensure that it is in good functioning condition (no missing straps, torn zippers, or waterlogged floatation). If a lifejacket is unsafe or of questionable value, it must be discarded and replaced immediately. **A whistle on a lanyard (string) must be attached.**

## Footwear

For all BBYRA sponsored events such as Interclubs and Regattas, all sailors are required to wear sailing boots or sandals with heel straps (Reef or Teva-style). Proper footwear is for the safety of our children.

## Program Requirements:

Prior to the start of Junior Sailing Program, all sailors are required to:

- Have their own properly equipped boat, dolly, and towline (**except Pre-Sailing**).
- Complete all necessary Junior Sailing Program forms, such as:
  - Code of Conduct
  - Dismissal Authorization
  - Medical forms
  - Trailer Policy (will be emailed to parents at the beginning of program)
- Make payment for the Junior Sailing Program and boat slip fees.

## Sailor Preparation

Each day before coming to lessons, please help your sailor be ready by making certain that they are prepared for class. Sailing is strenuous, hard work, and can, at times, be dangerous if code of conduct is not followed. It is very important that everyone at LYC be:

Well-behaved

Well-rested

Alert

Well nourished

Have all the proper equipment.

## Equipment Required

Required equipment includes:

- Boat (except Pre-Sailing)
- Dolly (except Pre-Sailing)
- Towlines (except Pre-Sailing)
- Extra Sail Ties (except Pre-Sailing)
- US Coast Guard Approved Life Jacket
- Whistle
- Closed-toe Water shoes

- Other Equipment Required for Class of Boat

### Other Equipment

Other equipment needed may include:

- Sunscreen
- Water Bottle
- Sunglasses
- Bug Spray
- Manual bilge pump
  
- Gloves
- Hat
- Sharpie Marker
- Dry Clothes
- Towel

**All equipment needs to be labeled to avoid being misplaced by junior sailors.**

Stores where additional equipment can be purchased:

Colie Sails 1649 Bay Avenue Point Pleasant, NJ 08742 (732) 892-4344  
OR

ONLINE - Intensity Sails <https://www.intensitysails.com/>

### Junior Sailor Expectations

**Sailor's Code of Conduct (all Sailor's will sign a copy of this prior to starting program)**

#### CODE OF CONDUCT

1. Juniors are expected to follow a normally acceptable code of conduct. The following are not acceptable: foul language, defacing or destruction of property, fighting, and disrespectful behavior to others.
2. The use of alcoholic beverages or illegal substances by Juniors is strictly prohibited. Failure to comply with this regulation will result in expulsion from the Club.
3. Members are responsible for their children/grandchildren at all times.
4. Coast Guard approved life jackets, with an attached whistle, must be worn at all times while in or on the water during sailing instruction and while on club boats, including time at or traveling to or from regattas. Shoes are to be worn at all times while on club property including during sailing instruction and while on club boats.



5. There will be no swimming allowed in the channel between the Club and Mosquito Island.
6. There will be no jumping from, or pushing others off of, the docks or bulkheads.
7. All boats must be tied down, including those on dollies or trailers. If you have to move a member's boat, make sure that you return the boat and tie it down properly.
8. At the end of the day, all personal property must be removed from the porch, the Junior room, and the Junior Sailing area. Particular attention should be taken to keeping things clean and neat, especially when the Club is crowded.
9. No wet towels, clothing, shoes, or sailing gear are allowed in the clubhouse.
10. Bicycles must be parked in the designated areas and not left in the boat parking areas

These rules and regulations are not to be considered all-inclusive. Please think before you act and take into consideration the welfare of others and of the Lavallette Yacht Club

### **Daily Boat Maintenance**

- Sailors are required to maintain their own equipment and boats. This includes the hull (keep it clean and dry), blades, spars, sail, sail bags, all lines, air bags, and covers, etc.
- Sailors are responsible for rigging their boats prior to the start of program
- Upon returning to the clubhouse for lunch, all sailors are to properly secure their boats on dollies/land before beginning their lunch. If a sailor completes this promptly, they should assist their fellow classmates.
- Sailors are responsible for de-rigging their own boat and assisting their class peers prior to leaving the club for the day.

### **Junior Clubhouse**

In the clubhouse it is expected that every sailor treats the clubhouse with respect. The Junior Room will be closed for this season due to COVID-19 Pandemic.

## **Opportunities to Sail Competitively**

### **Racing**

For some, competition becomes an essential part of higher-level classes. Several benefits may be derived from racing. Children, and adults, often don't understand or develop the finer points of sailing unless they can see the effects of their actions as measured against another boat sailing alongside. The learning curve is generally heightened when there is a clearly identifiable short-term goal. While encouraging friendly competition, we try to avoid divisive activities. We believe sailors should learn the racing rules. This allows protests and the subsequent hearings. This is an important process and helps sailors learn the nuances of the rules. We discourage the use of the rules as a weapon to gain an advantage. We try never to forget that sailing should be fun. Parents should be

instrumental in supporting their children and helping them understand that there is a system for resolving disputes. The “system” does not always function properly, but children should be taught to deal with the outcome, accept the results and then move on.

We are also aware that some children may not have the desire to race nor feel comfortable while racing. We feel that there are valuable lessons to be learned in the realm of recreational sailing/cruising. The instructors, to meet the learning needs of these students too, will adjust lesson plans.

### Wednesday Series


The Junior Wednesday Series is held at LYC and is open to any junior sailor (Greenies – will be notified by their instructor when this is appropriate) enrolled in the Junior Sailing Program. Races are run for Laser 4.7, Laser Radial, Sunfish, Optis and 420s. There may also be a separate Green fleet for the Opti sailor who is racing for the first time this summer, when appropriate. The Wednesday Series is part of the regular instructional program so our instructors run the races and will hold briefing meetings before and after to make the series as much of a learning event as possible.

### Sunday Series


The Lavallette Yacht Club Sunday Series is held on Sunday mornings and afternoons. Junior Opti (two fleets divided by those 10 and under on the Green course and 11 and older on Blue course), Laser 4.7, Laser Radial, Sunfish and c420 sailors will have the opportunity to sail in the morning on the main course run by the Race Committee. There will be a Junior Sailing Instructor assigned to the Junior Sailors that participate on the Green Course. There need to be two boats in a fleet to qualify as a race.

### BBYRA

Lavallette Yacht Club is a member of the Barnegat Bay Yacht Racing Association (BBYRA). Some of the opportunities to sail with junior sailors from other BBYRA clubs include Junior Regattas and Interclub events. Please refer to the BBYRA website ([www.bbyra.org](http://www.bbyra.org))

<b>Bay Head Yacht Club</b>  <a href="#">111 Metcalfe St.</a> <a href="#">Bay Head NJ 08742</a>	<a href="tel:732-899-2000">732-899-2000</a> <a href="tel:732-295-9821">732-295-9821</a>	<a href="#">Web Site</a>	B	 B B R
<b>Beachwood Yacht Club</b> P.O. Box 167 <a href="#">Compass Ave.</a> <a href="#">Beachwood NJ 08722</a>	<a href="tel:732-349-9604">732-349-9604</a>	<a href="#">Web Site</a>	B	 B R R
<b>Island Heights Yacht Club</b> P.O. Box 721 <a href="#">River Ave.</a> <a href="#">Island Heights NJ 08732</a>	<a href="tel:732-929-9813">732-929-9813</a>	<a href="#">Web Site</a>	IH	 W G W R

<b>Lavallette Yacht Club</b>  <a href="#">124 Swan Point Rd.</a> <a href="#">Lavallette NJ 08735</a>	<a href="tel:732-793-8747">732-793-8747</a> <a href="tel:732-793-9499">732-793-9499</a> <a href="tel:732-830-6878">732-830-6878</a>	<a href="#">Web Site</a>	L	 B R B
<b>Manasquan River Yacht Club</b> P.O. Box 325 <a href="#">405 River View Lane</a> <a href="#">Brielle NJ 08730</a>	<a href="tel:732-528-6792">732-528-6792</a>  <a href="tel:732-223-6792">732-223-6792</a>	<a href="#">Web Site</a>	M	 R W B
<b>Mantoloking Yacht Club</b> P.O. Box 885 <a href="#">Bay Ave. &amp; Downer Ave.</a> <a href="#">Mantoloking NJ 08738</a>	<a href="tel:732-892-6281">732-892-6281</a> <a href="tel:732-892-9251">732-892-9251</a>	<a href="#">Web Site</a>	M	 B W B
<b>Metedeconk River Yacht Club</b> P.O. Box 281 <a href="#">Tilton Rd.</a> <a href="#">Brick NJ 08723</a>	<a href="tel:732-477-9781">732-477-9781</a>	<a href="#">Web Site</a>	M	 B R W
<b>Normandy Beach Yacht Club</b> P.O. Box 726 <a href="#">South Court</a> <a href="#">Normandy Beach NJ 08739</a>	<a href="tel:732-793-6807">732-793-6807</a>	<a href="#">Web Site</a>	N	 B B W
<b>Ocean County College Sailing Club</b> P.O. Box 2001 <a href="#">Toms River NJ 08750-2001</a>	<a href="tel:732-255-0348">732-255-0348</a>	<a href="#">Web Site</a>	O	 
<b>Ocean Gate Yacht Club</b> P.O. Box 347 <a href="#">Foot of Ocean Gate Ave.</a> <a href="#">Ocean Gate NJ 08740</a>	<a href="tel:732-269-3622">732-269-3622</a>	<a href="#">Web Site</a>	O	 B W R
<b>Pine Beach Yacht Club</b> P.O. Box 301 <a href="#">Riverside Dr.</a> <a href="#">Pine Beach NJ 08741</a>	<a href="tel:732-349-9810">732-349-9810</a>	<a href="#">Web Site</a>	PB	 R B B
<b>Seaside Park Yacht Club</b> P.O. Box 428 <a href="#">Bay Front</a> <a href="#">Seaside Park NJ 08752</a>	<a href="tel:732-793-9611">732-793-9611</a>	<a href="#">Web Site</a>	SP	 B B B
<b>Shore Acres Yacht Club</b> P.O. Box 4337 <a href="#">800 Drum Point Rd.</a> <a href="#">Brick NJ 08723</a>	<a href="tel:732-477-3950">732-477-3950</a>	<a href="#">Web Site</a>	SA	 R R B

<p><b>Toms River Yacht Club</b></p> <p><a href="#">1464 Riviera Ave.</a> <a href="#">Toms River NJ 08754</a></p>	<p><a href="tel:732-929-9809">732-929-9809</a> <a href="tel:732-929-0888">732-929-0888</a></p>	<p><a href="#">Web Site</a></p>	<p>T</p>	
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## Junior Regattas

Traveling to regattas can be a memorable experience for sailors. Besides the enjoyment of the competition itself, the social aspects are significant. The sailors spend a lot of time on and off the water with other sailors from different clubs.

Participation in regattas is optional but strongly encouraged. Sailors are charged a participation fee that usually covers the day's racing, a T-shirt/souvenir and lunch. Sailors are encouraged to wear their LYC shirts and appropriate footwear. **Please check with your sailor's instructor regarding the recommended regatta participation for their group.**

There will be an Instructor at every BBYRA sponsored regatta where a substantial number of LYC sailors compete.

## Interclub

On the Barnegat Bay, the BBYRA has divided the clubs into Up-bay and Down-bay. Each group runs a few local free regattas for these clubs only. Lavallette is part of the Up-bay Interclub races, for sailors in Opti, Lasers and 420s. The clubs in the Up-Bay group are Bay Head, Mantoloking, Normandy Beach and Lavallette. This is a great way for sailors to meet their peers and make new friends. Bring a lunch, sail a few races, have fun, and create lasting memories. At this time, there are no interclubs scheduled for Upbay.

## Parent Volunteering Bond

Parents/family members are an important part of the Lavallette Junior Sailing Program and we need you to take an active role in supporting the program. Even though the instructors are able to handle all the daily activities of the various classes, there are several areas where parents/family members are needed. We are asking that you help out in whatever way you can by signing up as a volunteer for one or more of the following areas. This will be explained in more detail at the parent meeting and through the Handbook. Sign-ups will be emailed to all families, closer to the beginning of the season. If you fulfill the required participation, your \$50 bond will be refunded.

Here are some ways we need you to get involved:

1. **Parent of the Day** – A parent/family member will be at the clubhouse each day of regular instruction. This parent/ family member will be on land to facilitate any emergencies that may be sent in off the water. This parent/family member will have communication with the instructors, in the event that a sailor needs to return to land (examples may include – not feeling well, need to use the facilities, call home, need medical assistance, etc.) A parent/family member may volunteer for a ½ or full day.

2. **Lunch Assistant** – Since many of our sailors will be staying at the club for lunch on regular instruction days, a parent/family member is asked to volunteer to assist with getting the lunches to the sailors and managing behavior in the clubhouse.
3. **Regatta Volunteer** – LYC hosts two Junior Regattas – many volunteers are needed in order to have the days run smoothly. Activities include (but are not limited to) preparing breakfast and lunches, sign in and registration, and patrolling.
4. **Drive a trailer** – Parents are needed to trailer the boats to and from local regattas. You must have your own tow vehicle with the correct size ball, 1-7/8.

## Parent Information

Families can be involved with their children in the program. This includes the following:

- Sailors appreciate a kind word of encouragement from their parents during class and while racing.
- Making sure that their children have a good breakfast, applied sunblock, have life jackets with a whistle and any other needed equipment and arrive at program sessions on time. Parents are also instrumental in keeping the program running.
- Remind your sailor that proper, respectful, responsible behavior is required.
- Call or text your sailor's instructor whenever he/she is going to be absent. It is important for the staff to know of absences. It also lets us know you are aware of their absences.
- In order to run a successful program, parent volunteers are needed for such events as daily lunch, Wednesday series breakfast and the Lavallette sponsored regattas (LYC Team Races and Caryn Wilson Memorial Regatta). If you are interested in volunteering, there will be sign-ups (via internet or paper sign-ups). More information will be provided throughout the season or see a member of the LYC Junior Sailing Committee.
- Parents are needed on regatta days to trailer the club racks to/from the regatta locations.
- Parents must be sure to pick up their children promptly at the end of the program session so our instructors can finish their daily work.

## Comments, Suggestions, and Problems

***Comments, suggestions and problems should be addressed to the members of the Junior Sailing Committee, not the Junior Sailing Instructors. If not addressed by the members of the Junior Sailing Committee any comments, suggestions and problems should be addressed to the Club Flag Officers. The Junior Sailing Committee contact information can be found below and in the printed and online versions of the membership directory.***

The Junior Sailing Committee is always seeking ways to improve. Problems need to be addressed as timely as possible. The program is somewhat flexible and summers are short, so don't allow problems to accumulate. Please remember that the program coordinators consist of volunteers.

## Transportation

Transportation to and from regattas of the participants is the responsibility of the parents. Depending upon the regatta, the sailor may travel to the regatta with the instructor on one of the club's motorized boats.

**Regardless of how the sailor travels to the regatta, the sailors and/or family members are responsible for helping to get their boat in and out of the water.**

Sailors and parents will be notified, before the regatta, the method of transportation of the boats to regattas not at our club. The transportation method of boats to regattas not at our club will likely be trailering or towing.

## Trailerling

The club has rack trailers available for transportation of boats to and from regattas.

**Sailors and family members are responsible for loading and unloading boats on the club trailers. Further, sailors or families are responsible to ensure that boats, rudders and other ancillary equipment are securely tied down to the trailers.**

When utilizing one of the club's trailers, the sailors and families will provide their own tie downs. Tie downs will have a buckle to allow the sailor the ability to tighten the straps down. They can be purchased at the locations identified in the equipment section.

The club will not be liable for damaged or lost equipment that has not been tied down properly.

**Assistance from parents with trailer hitches on their vehicles will be needed from time to time. Parents with trailer hitches on the vehicles are requested to notify members of the Junior Sailing Committee. To ensure that the trailer responsibilities are shared among parents with trailer hitches on their vehicles, a parent may receive a request from the Junior Sailing Committee to drive one of the club trailers to an offsite regatta.**

## Towing

Though trailering is the preferred method of transportation, the other common method for transportation for boats is to tow them to the regatta. When towed, they will be towed by the instructor to the regatta site. Multiple boats can be towed by a single instructor, utilizing one of the club's motorized boats. This method adds many hours to the sailor's day, as they are expected to arrive at the LYC clubhouse early in the morning and may not leave the regatta and return to LYC clubhouse until the end of the day.

## Program Schedule

FLEET	DAYS	TIMES	LUNCH
PRE-SAILING	MON-THURS	9:00 AM - 12:00 PM	
GREENIES	MON- THURS	9:00 AM -3:00 PM	12PM-12:30PM
OPTI	MON - THURS	9:00 AM - 3:00 PM	12:30PM - 1PM
LASER, SUNFISH, 420	MON- THURS	9:30 AM -3:30 PM	12PM-12:30PM

**WEDNESDAY SERIES 9:30 TO 2:30 DEPENDING ON WIND (FIRST RACE AROUND 10:00) – AWARDS WILL BE BETWEEN 3 - 3:30**

**FRIDAYS – SCHEDULED BBYRA REGATTAS, RAINY DAY MAKE-UP AND/OR PRIVATE LESSONS**

### Dismissal

The Authorization Form included in the registration packet must be completed before the beginning of Junior Sailing program. In order to make sure that our sailors are all accounted for, we ask that you provide us with information as to how your child will be arriving and departing from the Clubhouse. By allowing your child to depart the club on their own, the club will not be held responsible after their departure. **It is imperative that all sailors notify their instructors when they are leaving the club. No sailors are to leave the club without following these procedures.**

### Inclement Weather

Inclement weather does put a damper on the Junior Sailing Program. Program hours may change if there is inclement weather. Parents are responsible for getting their sailors from the club if a storm arrives during scheduled program times.

### Reasons Junior Sailors are asked to stay home:

- Health reasons- unable to get wet, medications, contagious conditions (such as pink eye)
- No life jacket
- Boat not in seaworthy condition
- Discipline – Junior Sailors are expected to act in an appropriate manner. If an instructor feels that a Junior Sailor is not behaving in an appropriate manner, she/he will consult with the Head Instructor and call the parent to pick-up the sailor. Junior Sailors who are asked to stay home from the program for discipline reasons may not attend Junior sailing activities while they are suspended from the program, no exceptions. Threats and/or acts of violence against other people and/or person's property will be grounds for immediate expulsion from the sailing program. Sexual harassment, alcohol, nicotine, and drug use will be grounds for immediate expulsion from the sailing program.

## Junior Program Leadership

### Club Officers

Commodore	Ken Dolan	<a href="mailto:commodore@lavalletteyc.org">commodore@lavalletteyc.org</a>
Vice Commodore	Dave Applegate	<a href="mailto:vicecommodore@lavalletteyc.org">vicecommodore@lavalletteyc.org</a>
Rear Commodore	Frank Rodino	<a href="mailto:rearcommodore@lavalletteyc.org">rearcommodore@lavalletteyc.org</a>
Fleet Captain	Jim Walsh	<a href="mailto:fleetcaptain@lavalletteyc.org">fleetcaptain@lavalletteyc.org</a>

### Junior Sailing Committee

Junior Sailing Email address	<a href="mailto:lycirsailing@lavalletteyc.org">lycirsailing@lavalletteyc.org</a>	
Lori-Jane Dolan	<a href="mailto:ljhteacher@aol.com">ljhteacher@aol.com</a>	(973) 464-8844
David Lambie	<a href="mailto:david@lambiefuneralhome.com">david@lambiefuneralhome.com</a>	(732) 701-0591
Tara Glosenger	tara7afr@comcast.net	(908) 797-0621
Stephanie Peltzman	booksopenminds@gmail.com	(215) 983-9950

### Instructors

McKenzie Kapp (Head Instructor)	973-713-6607
Alissa Kapp	973-796-6403
Charlie McKenzie	610-308-2360
Jane McKenzie	610-202-5225
Kevin Martin	908-670-3923
Cathryn Cunningham	201-626-0338
Bridger Espinosa	571-292-6671
Madeleine Cook	443-416-1630
Tommy Daniels	301-219-1896
Caroline Ritacco	551-404-8660

### Junior Activities

The Junior Activities Committee plans the Junior Activities Wednesday nights during the season. All Junior Sailors are invited to join Junior Activities at LYC on Wednesday nights at 6:30 PM. Additional details will be provided as the sailing season gets underway. Looking forward to seeing everyone there!



## Junior Activities Committee

The Junior Activities Committee is a group of members who establish a schedule for social functions for the junior members.

Junior Activities Committee 2021:

Erin Burns	<a href="mailto:ehb76@optonline.net">ehb76@optonline.net</a>	609-902-8321
Heather Brisby	<a href="mailto:hbrisby@flemington.com">hbrisby@flemington.com</a>	908-310-2412

## Junior Dance Night (Ages TBD)

A Junior Dance is scheduled for children age 12 and older. This is a social event that will include Juniors from other Yacht Clubs. Details will be provided throughout the season.

## Service at Past Commodore's Dinner

The Past Commodore's Dinner is a very special evening for the Lavallette Yacht Club. Sailors and the Junior Commodore Officers are called upon to be servers at this dinner. Further details will be provided throughout the season.

## Junior Officers

Junior Members between the ages of 8-18 are eligible to nominate and/or vote Junior Members to be the following Officers:

### Junior Officer Responsibilities:

All Junior Officers are responsible for making certain that all Lavallette Sailors conduct themselves in a mature and well-behaved manner both at the LYC Club and all clubs on the bay. This includes regattas and BBYRA sponsored events that juniors attend.

- **Junior Commodore:** Must be in the 9<sup>th</sup> grade or higher as of June 1st of the year of election. The Junior Commodore shall be the chief executive officer of the Juniors. He or she shall have the powers and duties as prescribed by the Commodore or these Bylaws. The Junior Commodore's duties shall consist of but not be limited to:
  - The Junior Commodore shall be the official Junior representative at club activities.
  - He or she shall attend all Junior events. In the event the Junior Commodore is unable to attend the Junior Vice Commodore shall act in his or her place.
  - The Junior Commodore should attend: Family Night, Past Commodore Ball, Awards Night, Slideshow Night and any Junior Fundraising events.
  - Junior Commodore shall schedule and preside over Junior meetings. Minimum of two meetings during the summer. He or she shall develop a schedule and agenda for these meetings.
  - Junior Commodore shall be involved with planning, organizing and implementation of Junior activities.

- Junior Commodore may delegate responsibilities to junior members or committees of junior members if necessary.
- Junior Commodore (along with other officers) shall provide a report to the “Scuttlebutt” at least twice over the summer. Submissions should include upcoming events, fundraisers, and acknowledgements.
- Junior Commodore (along with the other officers) shall make a video slideshow for the last night of Junior Sailing Program.
- **Junior Vice Commodore**: Must be in the 8<sup>th</sup> grade or higher as of June 1st of the year of election. The Junior Vice Commodore shall be the executive officer of the Junior Commodore. In the absence or illness of the Junior Commodore the Junior Vice Commodore shall perform all the duties of the Junior Commodore. The Junior Vice Commodore shall work with parent advisors and the Junior Sailing Administrator to plan, organize, and implement junior activities, events and parties. Activities and events are listed in the responsibilities of the Junior Commodore. The Junior Vice Commodore shall develop a committee of junior members as needed for the events.
- **Junior Treasurer**: Must be in the 8<sup>th</sup> grade or higher as of June 1st the year of election.
  - The Junior Treasurer shall work with the Parent Advisors and the Junior Sailing Coordinators to facilitate junior member involvement in fundraising.
  - He or she shall keep records and report money raised to Junior Officers.
  - If he/she can not attend a fundraiser he/she must delegate a junior member to do so and that designee shall have all the responsibilities of the Junior Treasurer.
- **Junior Secretary**: must be in the 7<sup>th</sup> grade or higher as of June 1st the year of election.
  - The Junior Secretary shall be responsible for the minutes of the meetings held by the Junior Commodore. The minutes shall be posted in the Junior Room and distributed to officers in a timely manner.
  - The Junior Secretary (along with the other officers) shall create a Junior Scrapbook that will be stored in the Junior Room.
- **Fleet Captains (Optimist: Laser/Sunfish: Club 420/FEVA)**: Must be in the 5<sup>th</sup> grade or higher as of June 1<sup>st</sup> of the year of the election and intend to sail in the fleet being nominated for. The Optimist Fleet Captain should be returning to or entering the advanced Optimist Fleet.
  - Fleet Captains shall meet with all Junior. sailors in their fleet to build sportsmanship and team spirit.
  - Fleet captains should report to instructors any problems with equipment that is property of the club.
  - Fleet captains should have a “pep talk” to all sailors prior to Wednesday Series.
  - Fleet captains should report to instructors any incidents of misconduct by members of their fleet.
  - Fleet captains shall monitor that all sailors in their fleet respect the Junior Room and Club by cleaning up after themselves and follow the Code of Conduct that is signed by all Junior sailors.

### Junior Sailing Calendar 2022

SUNDAY	MONDAY	TUESDAY	WEDNES.	THURSDAY	FRIDAY	SATURDAY
June 19 Tune Up Race	20	21	22 First Day of Program	23 Program	24 Program	25
26 Sunday Series	27 Program	28 Program	29 Wed. Series	30 Feed the Need	July 1 Rain Day Make-Up	2
3 Sunday Series	4 NO Program	5 Program	6 Wed. Series	7 Iron Man	8 Powder Puff	9
10 Sunday Series	11 Program- Marsh Madness	12 Program	13 Wed. Series	14 Program	15 Little Bay Day	16
17 Sunday Series	18 Junior Olympics	19 Junior Olympics	20 Wed. Series	21 Program	22 Beachwood Blast	23
24 Sunday Series	25 LYC -Seggel Family Regatta	26 Caryn Wilson Opti	27 Program (No Wed.Series)	28 Program	29	30
31	Aug 1 ODO	2 No Tears	3 Wed. Series	4 Rookie Regatta	5 Ocean Gate Regatta	6
7 Sunday Series	8 Program	9 Program	10 Wed. Series	11 Program	12 Rain Day -Make Up	13
14 Sunday Series	15 Program	16 Merrick Team	17 Wed. Series	18	19 No Program	20

				Paper Plate Awards / Kettle Cup		
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## Calendar Notes:

- First Half Season Dates : June 22<sup>nd</sup> – July 15<sup>th</sup>
- Second Half Season Dates: July 18<sup>th</sup> – Aug. 18<sup>th</sup>
- LYC- Seggel Family Junior Regatta – there will be no program for sailors that are not participating in Laser, Sunfish or c420 Race
- Caryn Wilson Opti Regatta- there will be no program for sailors that are not participating in Opti races
- Program will be weather dependent – some Fridays have been designated as Rain Day Make ups if needed.
- Sunday Series – all experienced sailors may participate in the Sunday Series

## Regatta Explanations

<b>Regatta</b>	<b>Location</b>	<b>Who attends? (if interested)</b>
Feed the Need	PBYC	All fleets
Powder Puff	MCYC	All fleets – females only
Iron Man	SAYC	All fleets – males only
Beachwood Blast	BYC	All fleets
Junior Olympics	IHYC	All fleets (experienced sailors)
Seggel Family Regatta	LYC	Lasers, Sunfish and 420
Caryn Wilson Opti	LYC	Opti only
Ocean Gate	OGYC	All fleets
Rookie Regatta	MRYC	Greenie Optis only
No Tears	TRYC	Beginner Opti/Sunfish
Merrick Team Race	BHYC	Opti/420 (teams)
ODO	MYC	Opti only
Little Day Bay	SPYC	All fleets